

Golden State Games 7 | Heat 1 at 09:00 AM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	09:00 AM	Heat 1	YOUR PACE OR MINE	CROSSFIT VACAVILLE NORTH	Rx Female
FRAN	09:00 AM	Heat 1	BITTERCREEK BABES	CROSSFIT ANYWHERE - FOLSOM	Rx Female
FRAN	09:00 AM	Heat 1	SNATCHY BITCHES	CROSSFIT MYO	Rx Female
FRAN	09:00 AM	Heat 1	SHAKE AND BAKE	CROSSFIT VACAVILLE NORTH	Rx Female
FRAN	09:00 AM	Heat 1	DO YOU EVEN LIFT	DIABLO CROSSFIT	Rx Female
FRAN	09:00 AM	Heat 1	IRON MONKEYS	CROSSFIT DAVIS	Rx Female
FRAN	09:00 AM	Heat 1	RX ROOKIES	CROSSFIT 209 SPORT	Rx Female
FRAN		Heat 1	- EMPTY LANE -		
FRAN		Heat 1	- EMPTY LANE -		
FRAN		Heat 1	- EMPTY LANE -		

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 1 at 09:05 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	09:05 AM	Heat 1	110%	DIABLO CROSSFIT	Female Masters 100+
BIKE/YOKE/HSPU	09:05 AM	Heat 1	GRANDMA'S KICKING ASS	CROSSFIT SANTA CRUZ CENTRAL	Female Masters 100+
BIKE/YOKE/HSPU	09:05 AM	Heat 1	HOT FLASHES	CROSSFIT 209 SPORT	Female Masters 100+
BIKE/YOKE/HSPU	09:05 AM	Heat 1	MIGHTY MASTERS	CROSSFIT ANYWHERE	Female Masters 100+
BIKE/YOKE/HSPU		Heat 1	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 1	- EMPTY LANE -		
BIKE/YOKE/HSPU	09:05 AM	Heat 1	OUT OF RETIREMENT	CROSSFIT 209	Male Masters 100+
BIKE/YOKE/HSPU	09:05 AM	Heat 1	CHAMPS 1713	DIABLO CROSSFIT	Male Masters 100+
BIKE/YOKE/HSPU	09:05 AM	Heat 1	CHIPS & NOODLES	CROSSFIT ALMADEN	Male Masters 100+
BIKE/YOKE/HSPU	09:05 AM	Heat 1	MIKE AND STEVE	CROSSFIT VACAVILLE NORTH	Male Masters 100+

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Golden State Games 7 | Heat 2 at 09:10 AM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	09:10 AM	Heat 2	SWOLE AND STRAPPY	EMPIRE MINE CROSSFIT	Rx Female
FRAN	09:10 AM	Heat 2	TEAM TIRED TEACHERS	CROSSFIT DAVIS	Rx Female
FRAN	09:10 AM	Heat 2	THE BANG GANG	CROSSFIT ANYWHERE	Rx Female
FRAN	09:10 AM	Heat 2	THE DOTTIRS	CROSSFIT DAVIS	Rx Female
FRAN	09:10 AM	Heat 2	THUMOSDOTTIRS	CROSSFIT THUMOS	Rx Female
FRAN	09:10 AM	Heat 2	THUNDER THIGHS	WARRIORZ	Rx Female
FRAN	09:10 AM	Heat 2	UNDENIABLE	NORTH RIM CROSSFIT	Rx Female
FRAN		Heat 2	- EMPTY LANE -		
FRAN		Heat 2	- EMPTY LANE -		
FRAN		Heat 2	- EMPTY LANE -		

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Golden State Games 7 | Heat 3 at 09:20 AM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	09:20 AM	Heat 3	AGRESSIVELY AVERAGE	CROSSFIT ANYWHERE	Rx Male
FRAN	09:20 AM	Heat 3	BACK2BACK	BACK2BACK CROSSFIT	Rx Male
FRAN	09:20 AM	Heat 3	BIG BIRD	CROSSFIT ASAP	Rx Male
FRAN	09:20 AM	Heat 3	BUILT BY DUCHENE	(INDEPENDENT)	Rx Male
FRAN	09:20 AM	Heat 3	BUBBA'S BOYS	TORRANCE TRAINING LAB	Rx Male
FRAN	09:20 AM	Heat 3	CFVFN	CROSSFIT VACAVILLE NORTH	Rx Male
FRAN	09:20 AM	Heat 3	CHOCOLATE HORCHATA	CROSSFIT GALVANIZE	Rx Male
FRAN	09:20 AM	Heat 3	COBRA KAI	CSA	Rx Male
FRAN	09:20 AM	Heat 3	ASAP	ASAP FITNESS	Rx Male
FRAN		Heat 3	- EMPTY LANE -		

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Golden State Games 7 | Heat 2 at 09:20 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	09:20 AM	Heat 2	BAD ASS MAMAS	AQUILA FITNESS	Female Masters 80+
BIKE/YOKE/HSPU	09:20 AM	Heat 2	HUSTLE AND MUSCLE	ROCKLIN CROSSFIT	Female Masters 80+
BIKE/YOKE/HSPU		Heat 2	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 2	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 2	- EMPTY LANE -		
BIKE/YOKE/HSPU	09:20 AM	Heat 2	CF STOMPINGROUND	CROSSFIT STOMPIN' GROUND	Male Masters 80+
BIKE/YOKE/HSPU	09:20 AM	Heat 2	CHEECH AND CHONG	CERTUS CROSSFIT	Male Masters 80+
BIKE/YOKE/HSPU	09:20 AM	Heat 2	METAL MANIACS	CROSSFIT EXCITEMENT	Male Masters 80+
BIKE/YOKE/HSPU	09:20 AM	Heat 2	STEAK AND RICE	CROSSFIT ALMADEN	Male Masters 80+
BIKE/YOKE/HSPU	09:20 AM	Heat 2	THE GALVANIZE DADDY DRIP	GALVANIZE CROSSFIT	Male Masters 80+

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 4 at 09:30 AM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	09:30 AM	Heat 4	CROSSFIT DAVIS XL	CROSSFIT DAVIS	Rx Male
FRAN	09:30 AM	Heat 4	DAMAGE, INC.	DIABLO CROSSFIT	Rx Male
FRAN	09:30 AM	Heat 4	DD'S AND MAC N CHEESE	CROSSFIT PARABELLUM	Rx Male
FRAN	09:30 AM	Heat 4	DIABLO C TEAM	DIABLO CROSSFIT	Rx Male
FRAN	09:30 AM	Heat 4	GLOBOGYM PURPLE COBRAS	CROSSFIT 209	Rx Male
FRAN	09:30 AM	Heat 4	HEXBOX HOOLIGANS	HEXBOX CROSSFIT	Rx Male
FRAN	09:30 AM	Heat 4	HYPER BROS.	CROSSFIT HYPERACTIVE	Rx Male
FRAN	09:30 AM	Heat 4	IRON MILE	IRON MILE	Rx Male
FRAN		Heat 4	- EMPTY LANE -		
FRAN		Heat 4	- EMPTY LANE -		

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Golden State Games 7 | Heat 3 at 09:35 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	09:35 AM	Heat 3	BARBELL BABES	ANOTHER LEVEL CROSSFIT	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	BUNS AND GUNS	CROSSFIT ANYWHERE	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	CHAFING THE DREAM	CROSSFIT 209	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	CIRQUE DE SORE LEGS	UPPER PARK CROSSFIT	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	DO YOU CROSSFIT	IRON MILE	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	LIFTING AND LASHES	CROSSFIT RIGTOWN	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	MOMAF	CROSSFIT ANYWHERE - FOLSOM	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	SPONSORED BY SLOTHFIT	CROSSFIT ANYWHERE	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	V DUB	CROSSFIT 209	Scaled Female
BIKE/YOKE/HSPU	09:35 AM	Heat 3	WEIGHTS BEFORE DATES	ANOTHER LEVEL CROSSFIT	Scaled Female

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Golden State Games 7 | Heat 5 at 09:40 AM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	09:40 AM	Heat 5	JOINT EFFORT	CROSSFIT ANYWHERE	Rx Male
FRAN	09:40 AM	Heat 5	LEGS MISERABLE	UPPER PARK CROSSFIT	Rx Male
FRAN	09:40 AM	Heat 5	MORNING ARMY	CROSSFIT ANYWHERE	Rx Male
FRAN	09:40 AM	Heat 5	SHARK GORILLA	UNIVERSITY OF NEVADA RENO	Rx Male
FRAN	09:40 AM	Heat 5	TEAM CBCM	CROSSFIT MOXIE	Rx Male
FRAN	09:40 AM	Heat 5	TIME CAP'D	RENO POWER HOUSE FITNESS	Rx Male
FRAN	09:40 AM	Heat 5	WEIGHTS BEFORE DATES	CROSSFIT ANYWHERE - FOLSOM	Rx Male
FRAN	09:40 AM	Heat 5	WORST PACE SCENARIO	UPPER PARK CROSSFT	Rx Male
FRAN		Heat 5	- EMPTY LANE -		
FRAN		Heat 5	- EMPTY LANE -		

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Golden State Games 7 | Heat 4 at 09:50 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	09:50 AM	Heat 4	ATLAS'S STONES	PARADISO CROSSFIT VENICE	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	BAD BOYS D	CROSSFIT HYPERACTIVE	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	BANG BANG MOXIE GANG	CROSSFIT MOXIE	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	BEARDY AND THE BEAST	CROSSFIT ANYWHERE - FOLSOM	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	BROWN SUGAR	CROSSFIT ANYWHERE - DOWNTOWN	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	DANDREW	CROSSFIT ANYWHERE	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	DUMBLEDORE'S ARMY	CROSSFIT STOMPIN' GROUND	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	EMPANADA MEN	CROSSFIT GALANIZE	Scaled Male
BIKE/YOKE/HSPU	09:50 AM	Heat 4	JUST HERE FOR THE EXPERIENCE	(INDEPENDENT)	Scaled Male
BIKE/YOKE/HSPU		Heat 4	- EMPTY LANE -		

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Golden State Games 7 | Heat 5 at 10:05 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	10:05 AM	Heat 5	NIPSHAKERS	WARRIORZ CROSSFIT	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	PACE CADETS	CROSSFIT THUMOS	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	ROWERS NOT SHOWERS	CROSSFIT CHOWCHILLA	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	SCALEN LATTES LITE FORM	CROSSFIT 916	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	THE BAD AND THE UGLY	ASAP FITNESS	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	THICC BOYS	CROSSFIT THUMOS	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	THIS IS US	CROSSFIT THUMOS	Scaled Male
BIKE/YOKE/HSPU	10:05 AM	Heat 5	TIME CAPPED	(INDEPENDENT)	Scaled Male
BIKE/YOKE/HSPU		Heat 5	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 5	- EMPTY LANE -		

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Golden State Games 7 | Heat 6 at 10:45 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	10:45 AM	Heat 6	YOUR PACE OR MINE	CROSSFIT VACAVILLE NORTH	Rx Female
BIKE/YOKE/HSPU	10:45 AM	Heat 6	BITTERCREEK BABES	CROSSFIT ANYWHERE - FOLSOM	Rx Female
BIKE/YOKE/HSPU	10:45 AM	Heat 6	SNATCHY BITCHES	CROSSFIT MYO	Rx Female
BIKE/YOKE/HSPU	10:45 AM	Heat 6	SHAKE AND BAKE	CROSSFIT VACAVILLE NORTH	Rx Female
BIKE/YOKE/HSPU	10:45 AM	Heat 6	DO YOU EVEN LIFT	DIABLO CROSSFIT	Rx Female
BIKE/YOKE/HSPU	10:45 AM	Heat 6	IRON MONKEYS	CROSSFIT DAVIS	Rx Female
BIKE/YOKE/HSPU	10:45 AM	Heat 6	RX ROOKIES	CROSSFIT 209 SPORT	Rx Female
BIKE/YOKE/HSPU		Heat 6	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 6	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 6	- EMPTY LANE -		

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Golden State Games 7 | Heat 1 at 10:55 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	10:55 AM	Heat 1	110%	DIABLO CROSSFIT	Female Masters 100+
BBJO/DEADLIFT	10:55 AM	Heat 1	GRANDMA'S KICKING ASS	CROSSFIT SANTA CRUZ CENTRAL	Female Masters 100+
BBJO/DEADLIFT	10:55 AM	Heat 1	HOT FLASHES	CROSSFIT 209 SPORT	Female Masters 100+
BBJO/DEADLIFT	10:55 AM	Heat 1	MIGHTY MASTERS	CROSSFIT ANYWHERE	Female Masters 100+
BBJO/DEADLIFT		Heat 1	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 1	- EMPTY LANE -		
BBJO/DEADLIFT	10:55 AM	Heat 1	CHAMPS 1713	DIABLO CROSSFIT	Male Masters 100+
BBJO/DEADLIFT	10:55 AM	Heat 1	CHIPS & NOODLES	CROSSFIT ALMADEN	Male Masters 100+
BBJO/DEADLIFT	10:55 AM	Heat 1	MIKE AND STEVE	CROSSFIT VACAVILLE NORTH	Male Masters 100+
BBJO/DEADLIFT	10:55 AM	Heat 1	OUT OF RETIREMENT	CROSSFIT 209	Male Masters 100+

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 7 at 11:00 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	11:00 AM	Heat 7	SWOLE AND STRAPPY	EMPIRE MINE CROSSFIT	Rx Female
BIKE/YOKE/HSPU	11:00 AM	Heat 7	TEAM TIRED TEACHERS	CROSSFIT DAVIS	Rx Female
BIKE/YOKE/HSPU	11:00 AM	Heat 7	THE BANG GANG	CROSSFIT ANYWHERE	Rx Female
BIKE/YOKE/HSPU	11:00 AM	Heat 7	THE DOTTIRS	CROSSFIT DAVIS	Rx Female
BIKE/YOKE/HSPU	11:00 AM	Heat 7	THUMOSDOTTIRS	CROSSFIT THUMOS	Rx Female
BIKE/YOKE/HSPU	11:00 AM	Heat 7	THUNDER THIGHS	WARRIORZ	Rx Female
BIKE/YOKE/HSPU	11:00 AM	Heat 7	UNDENIABLE	NORTH RIM CROSSFIT	Rx Female
BIKE/YOKE/HSPU		Heat 7	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 7	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 7	- EMPTY LANE -		

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Golden State Games 7 | Heat 2 at 11:13 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	11:13 AM	Heat 2	BAD ASS MAMAS	AQUILA FITNESS	Female Masters 80+
BBJO/DEADLIFT	11:13 AM	Heat 2	HUSTLE AND MUSCLE	ROCKLIN CROSSFIT	Female Masters 80+
BBJO/DEADLIFT		Heat 2	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 2	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 2	- EMPTY LANE -		
BBJO/DEADLIFT	11:13 AM	Heat 2	CF STOMPINGROUND	CROSSFIT STOMPIN' GROUND	Male Masters 80+
BBJO/DEADLIFT	11:13 AM	Heat 2	CHEECH AND CHONG	CERTUS CROSSFIT	Male Masters 80+
BBJO/DEADLIFT	11:13 AM	Heat 2	METAL MANIACS	CROSSFIT EXCITEMENT	Male Masters 80+
BBJO/DEADLIFT	11:13 AM	Heat 2	STEAK AND RICE	CROSSFIT ALMADEN	Male Masters 80+
BBJO/DEADLIFT	11:13 AM	Heat 2	THE GALVANIZE DADDY DRIP	GALVANIZE CROSSFIT	Male Masters 80+

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Golden State Games 7 | Heat 8 at 11:15 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	11:15 AM	Heat 8	AGRESSIVELY AVERAGE	CROSSFIT ANYWHERE	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	ASAP	ASAP FITNESS	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	BACK2BACK	BACK2BACK CROSSFIT	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	BIG BIRD	CROSSFIT ASAP	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	BUBBA'S BOYS	TORRANCE TRAINING LAB	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	BUILT BY DUCHENE	(INDEPENDENT)	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	CFVVN	CROSSFIT VACAVILLE NORTH	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	CHOCOLATE HORCHATA	CROSSFIT GALVANIZE	Rx Male
BIKE/YOKE/HSPU	11:15 AM	Heat 8	COBRA KAI	CSA	Rx Male
BIKE/YOKE/HSPU		Heat 8	- EMPTY LANE -		

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Golden State Games 7 | Heat 9 at 11:30 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	11:30 AM	Heat 9	CROSSFIT DAVIS XL	CROSSFIT DAVIS	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	DAMAGE, INC.	DIABLO CROSSFIT	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	DD'S AND MAC N CHEESE	CROSSFIT PARABELLUM	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	DIABLO C TEAM	DIABLO CROSSFIT	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	GLOBOGYM PURPLE COBRAS	CROSSFIT 209	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	HEXBOX HOOLIGANS	HEXBOX CROSSFIT	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	HYPER BROS.	CROSSFIT HYPERACTIVE	Rx Male
BIKE/YOKE/HSPU	11:30 AM	Heat 9	IRON MILE	IRON MILE	Rx Male
BIKE/YOKE/HSPU		Heat 9	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 9	- EMPTY LANE -		

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Golden State Games 7 | Heat 3 at 11:31 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	11:31 AM	Heat 3	BARBELL BABES	ANOTHER LEVEL CROSSFIT	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	BUNS AND GUNS	CROSSFIT ANYWHERE	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	CHAFING THE DREAM	CROSSFIT 209	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	CIRQUE DE SORE LEGS	UPPER PARK CROSSFIT	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	DO YOU CROSSFIT	IRON MILE	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	LIFTING AND LASHES	CROSSFIT RIGTOWN	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	MOMAF	CROSSFIT ANYWHERE - FOLSOM	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	SPONSORED BY SLOTHFIT	CROSSFIT ANYWHERE	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	V DUB	CROSSFIT 209	Scaled Female
BBJO/DEADLIFT	11:31 AM	Heat 3	WEIGHTS BEFORE DATES	ANOTHER LEVEL CROSSFIT	Scaled Female

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Golden State Games 7 | Heat 10 at 11:45 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BIKE/YOKE/HSPU	11:45 AM	Heat 10	JOINT EFFORT	CROSSFIT ANYWHERE	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	LEGS MISERABLE	UPPER PARK CROSSFIT	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	MORNING ARMY	CROSSFIT ANYWHERE	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	SHARK GORILLA	UNIVERSITY OF NEVADA RENO	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	TEAM CBCM	CROSSFIT MOXIE	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	TIME CAP'D	RENO POWER HOUSE FITNESS	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	WEIGHTS BEFORE DATES	CROSSFIT ANYWHERE - FOLSOM	Rx Male
BIKE/YOKE/HSPU	11:45 AM	Heat 10	WORST PACE SCENARIO	UPPER PARK CROSSFT	Rx Male
BIKE/YOKE/HSPU		Heat 10	- EMPTY LANE -		
BIKE/YOKE/HSPU		Heat 10	- EMPTY LANE -		

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Golden State Games 7 | Heat 4 at 11:49 AM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	11:49 AM	Heat 4	ATLAS'S STONES	PARADISO CROSSFIT VENICE	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	BAD BOYS D	CROSSFIT HYPERACTIVE	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	BANG BANG MOXIE GANG	CROSSFIT MOXIE	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	BEARDY AND THE BEAST	CROSSFIT ANYWHERE - FOLSOM	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	BROWN SUGAR	CROSSFIT ANYWHERE - DOWNTOWN	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	DANDREW	CROSSFIT ANYWHERE	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	DUMBLEDORE'S ARMY	CROSSFIT STOMPIN' GROUND	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	EMPANADA MEN	CROSSFIT GALANIZE	Scaled Male
BBJO/DEADLIFT	11:49 AM	Heat 4	JUST HERE FOR THE EXPERIENCE	(INDEPENDENT)	Scaled Male
BBJO/DEADLIFT		Heat 4	- EMPTY LANE -		

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Golden State Games 7 | Heat 5 at 12:07 PM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	12:07 PM	Heat 5	NIPSHAKERS	WARRIORZ CROSSFIT	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	PACE CADETS	CROSSFIT THUMOS	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	ROWERS NOT SHOWERS	CROSSFIT CHOWCHILLA	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	SCALEN LATTES LITE FORM	CROSSFIT 916	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	THE BAD AND THE UGLY	ASAP FITNESS	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	THICC BOYS	CROSSFIT THUMOS	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	THIS IS US	CROSSFIT THUMOS	Scaled Male
BBJO/DEADLIFT	12:07 PM	Heat 5	TIME CAPPED	(INDEPENDENT)	Scaled Male
BBJO/DEADLIFT		Heat 5	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 5	- EMPTY LANE -		

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Golden State Games 7 | Heat 6 at 12:30 PM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	12:30 PM	Heat 6	YOUR PACE OR MINE	CROSSFIT VACAVILLE NORTH	Rx Female
BBJO/DEADLIFT	12:30 PM	Heat 6	BITTERCREEK BABES	CROSSFIT ANYWHERE - FOLSOM	Rx Female
BBJO/DEADLIFT	12:30 PM	Heat 6	SNATCHY BITCHES	CROSSFIT MYO	Rx Female
BBJO/DEADLIFT	12:30 PM	Heat 6	SHAKE AND BAKE	CROSSFIT VACAVILLE NORTH	Rx Female
BBJO/DEADLIFT	12:30 PM	Heat 6	DO YOU EVEN LIFT	DIABLO CROSSFIT	Rx Female
BBJO/DEADLIFT	12:30 PM	Heat 6	IRON MONKEYS	CROSSFIT DAVIS	Rx Female
BBJO/DEADLIFT	12:30 PM	Heat 6	RX ROOKIES	CROSSFIT 209 SPORT	Rx Female
BBJO/DEADLIFT		Heat 6	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 6	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 6	- EMPTY LANE -		

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 7 at 12:48 PM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	12:48 PM	Heat 7	SWOLE AND STRAPPY	EMPIRE MINE CROSSFIT	Rx Female
BBJO/DEADLIFT	12:48 PM	Heat 7	TEAM TIRED TEACHERS	CROSSFIT DAVIS	Rx Female
BBJO/DEADLIFT	12:48 PM	Heat 7	THE BANG GANG	CROSSFIT ANYWHERE	Rx Female
BBJO/DEADLIFT	12:48 PM	Heat 7	THE DOTTIRS	CROSSFIT DAVIS	Rx Female
BBJO/DEADLIFT	12:48 PM	Heat 7	THUMOSDOTTIRS	CROSSFIT THUMOS	Rx Female
BBJO/DEADLIFT	12:48 PM	Heat 7	THUNDER THIGHS	WARRIORZ	Rx Female
BBJO/DEADLIFT	12:48 PM	Heat 7	UNDENIABLE	NORTH RIM CROSSFIT	Rx Female
BBJO/DEADLIFT		Heat 7	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 7	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 7	- EMPTY LANE -		

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Golden State Games 7 | Heat 6 at 01:00 PM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	01:00 PM	Heat 6	110%	DIABLO CROSSFIT	Female Masters 100+
FRAN	01:00 PM	Heat 6	MIGHTY MASTERS	CROSSFIT ANYWHERE	Female Masters 100+
FRAN	01:00 PM	Heat 6	GRANDMA'S KICKING ASS	CROSSFIT SANTA CRUZ CENTRAL	Female Masters 100+
FRAN	01:00 PM	Heat 6	HOT FLASHES	CROSSFIT 209 SPORT	Female Masters 100+
FRAN		Heat 6	- EMPTY LANE -		
FRAN		Heat 6	- EMPTY LANE -		
FRAN	01:00 PM	Heat 6	CHAMPS 1713	DIABLO CROSSFIT	Male Masters 100+
FRAN	01:00 PM	Heat 6	CHIPS & NOODLES	CROSSFIT ALMADEN	Male Masters 100+
FRAN	01:00 PM	Heat 6	MIKE AND STEVE	CROSSFIT VACAVILLE NORTH	Male Masters 100+
FRAN	01:00 PM	Heat 6	OUT OF RETIREMENT	CROSSFIT 209	Male Masters 100+

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Golden State Games 7 | Heat 8 at 01:06 PM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	01:06 PM	Heat 8	AGRESSIVELY AVERAGE	CROSSFIT ANYWHERE	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	ASAP	ASAP FITNESS	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	BACK2BACK	BACK2BACK CROSSFIT	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	BIG BIRD	CROSSFIT ASAP	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	BUBBA'S BOYS	TORRANCE TRAINING LAB	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	BUILT BY DUCHENE	(INDEPENDENT)	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	CFVWN	CROSSFIT VACAVILLE NORTH	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	CHOCOLATE HORCHATA	CROSSFIT GALVANIZE	Rx Male
BBJO/DEADLIFT	01:06 PM	Heat 8	COBRA KAI	CSA	Rx Male
BBJO/DEADLIFT		Heat 8	- EMPTY LANE -		

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 7 at 01:15 PM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	01:15 PM	Heat 7	BAD ASS MAMAS	AQUILA FITNESS	Female Masters 80+
FRAN	01:15 PM	Heat 7	HUSTLE AND MUSCLE	ROCKLIN CROSSFIT	Female Masters 80+
FRAN		Heat 7	- EMPTY LANE -		
FRAN		Heat 7	- EMPTY LANE -		
FRAN		Heat 7	- EMPTY LANE -		
FRAN	01:15 PM	Heat 7	CF STOMPINGROUND	CROSSFIT STOMPIN' GROUND	Male Masters 80+
FRAN	01:15 PM	Heat 7	CHEECH AND CHONG	CERTUS CROSSFIT	Male Masters 80+
FRAN	01:15 PM	Heat 7	METAL MANIACS	CROSSFIT EXCITEMENT	Male Masters 80+
FRAN	01:15 PM	Heat 7	STEAK AND RICE	CROSSFIT ALMADEN	Male Masters 80+
FRAN	01:15 PM	Heat 7	THE GALVANIZE DADDY DRIP	GALVANIZE CROSSFIT	Male Masters 80+

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 9 at 01:24 PM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	01:24 PM	Heat 9	CROSSFIT DAVIS XL	CROSSFIT DAVIS	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	DAMAGE, INC.	DIABLO CROSSFIT	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	DD'S AND MAC N CHEESE	CROSSFIT PARABELLUM	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	DIABLO C TEAM	DIABLO CROSSFIT	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	GLOBOGYM PURPLE COBRAS	CROSSFIT 209	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	HEXBOX HOOLIGANS	HEXBOX CROSSFIT	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	HYPER BROS.	CROSSFIT HYPERACTIVE	Rx Male
BBJO/DEADLIFT	01:24 PM	Heat 9	IRON MILE	IRON MILE	Rx Male
BBJO/DEADLIFT		Heat 9	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 9	- EMPTY LANE -		

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 8 at 01:30 PM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	01:30 PM	Heat 8	BARBELL BABES	ANOTHER LEVEL CROSSFIT	Scaled Female
FRAN	01:30 PM	Heat 8	BUNS AND GUNS	CROSSFIT ANYWHERE	Scaled Female
FRAN	01:30 PM	Heat 8	CHAFING THE DREAM	CROSSFIT 209	Scaled Female
FRAN	01:30 PM	Heat 8	CIRQUE DE SORE LEGS	UPPER PARK CROSSFIT	Scaled Female
FRAN	01:30 PM	Heat 8	DO YOU CROSSFIT	IRON MILE	Scaled Female
FRAN	01:30 PM	Heat 8	LIFTING AND LASHES	CROSSFIT RIGTOWN	Scaled Female
FRAN	01:30 PM	Heat 8	MOMAF	CROSSFIT ANYWHERE - FOLSOM	Scaled Female
FRAN	01:30 PM	Heat 8	SPONSORED BY SLOTHFIT	CROSSFIT ANYWHERE	Scaled Female
FRAN	01:30 PM	Heat 8	V DUB	CROSSFIT 209	Scaled Female
FRAN	01:30 PM	Heat 8	WEIGHTS BEFORE DATES	ANOTHER LEVEL CROSSFIT	Scaled Female

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW

Golden State Games 7 | Heat 10 at 01:42 PM

Workout	Time	Heat	Competitor	Affiliate	Division
BBJO/DEADLIFT	01:42 PM	Heat 10	JOINT EFFORT	CROSSFIT ANYWHERE	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	LEGS MISERABLE	UPPER PARK CROSSFIT	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	MORNING ARMY	CROSSFIT ANYWHERE	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	SHARK GORILLA	UNIVERSITY OF NEVADA RENO	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	TEAM CBCM	CROSSFIT MOXIE	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	TIME CAP'D	RENO POWER HOUSE FITNESS	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	WEIGHTS BEFORE DATES	CROSSFIT ANYWHERE - FOLSOM	Rx Male
BBJO/DEADLIFT	01:42 PM	Heat 10	WORST PACE SCENARIO	UPPER PARK CROSSFT	Rx Male
BBJO/DEADLIFT		Heat 10	- EMPTY LANE -		
BBJO/DEADLIFT		Heat 10	- EMPTY LANE -		

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Golden State Games 7 | Heat 9 at 01:45 PM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	01:45 PM	Heat 9	ATLAS'S STONES	PARADISO CROSSFIT VENICE	Scaled Male
FRAN	01:45 PM	Heat 9	BAD BOYS D	CROSSFIT HYPERACTIVE	Scaled Male
FRAN	01:45 PM	Heat 9	BANG BANG MOXIE GANG	CROSSFIT MOXIE	Scaled Male
FRAN	01:45 PM	Heat 9	BEARDY AND THE BEAST	CROSSFIT ANYWHERE - FOLSOM	Scaled Male
FRAN	01:45 PM	Heat 9	BROWN SUGAR	CROSSFIT ANYWHERE - DOWNTOWN	Scaled Male
FRAN	01:45 PM	Heat 9	DANDREW	CROSSFIT ANYWHERE	Scaled Male
FRAN	01:45 PM	Heat 9	DUMBLEDORE'S ARMY	CROSSFIT STOMPIN' GROUND	Scaled Male
FRAN	01:45 PM	Heat 9	EMPANADA MEN	CROSSFIT GALANIZE	Scaled Male
FRAN	01:45 PM	Heat 9	JUST HERE FOR THE EXPERIENCE	(INDEPENDENT)	Scaled Male
FRAN		Heat 9	- EMPTY LANE -		

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Golden State Games 7 | Heat 10 at 02:00 PM

Workout	Time	Heat	Competitor	Affiliate	Division
FRAN	02:00 PM	Heat 10	NIPSHAKERS	WARRIORZ CROSSFIT	Scaled Male
FRAN	02:00 PM	Heat 10	PACE CADETS	CROSSFIT THUMOS	Scaled Male
FRAN	02:00 PM	Heat 10	ROWERS NOT SHOWERS	CROSSFIT CHOWCHILLA	Scaled Male
FRAN	02:00 PM	Heat 10	SCALEN LATTES LITE FORM	CROSSFIT 916	Scaled Male
FRAN	02:00 PM	Heat 10	THE BAD AND THE UGLY	ASAP FITNESS	Scaled Male
FRAN	02:00 PM	Heat 10	THICC BOYS	CROSSFIT THUMOS	Scaled Male
FRAN	02:00 PM	Heat 10	THIS IS US	CROSSFIT THUMOS	Scaled Male
FRAN	02:00 PM	Heat 10	TIME CAPPED	(INDEPENDENT)	Scaled Male

PLEASE INFORM SCORING OF ANY COMPETITORS THAT HAVE WITHDRAWN OR DID NOT SHOW